



# Executive Functions Teacher Workshop

*for Educators in Elementary, Middle and High Schools*

## What are Executive Functions?

Executive Functions (EF) are the thinking processes involved in planning, organizing, decision-making, and regulating behavior that are enlisted to solve a vast array of problems in school and in daily life.

## Workshop Objectives

This workshop features an activity-based approach to:

- Increase awareness of neurological framework for Executive Functions.
- Acquire knowledge about the RNBC EF Curriculum *included in workshop fee* (retails for \$335.00).
- Develop everyday teaching practices utilizing EF skills in the classroom.

## Who Should Attend This Workshop?

Classroom and subject-area teachers of grade levels 3-12, special education teachers, school principals, and other interested administrators.

*CPDU credits may be available upon request with proper documentation.*

## Workshop Benefits

- The Executive Functions School Curriculum is compatible with RtI provisions, Tiers 1 and 2.
- Students who performed well in Executive Functions Curriculum have a higher rate of homework completion and earned higher grades.
- Students who demonstrated greater adherence to the Executive Functions Curriculum throughout the school year performed significantly better on reading achievement tests and standardized test scores.
- Students with better Executive Functions skills have higher student attendance and admission to more competitive schools.

## Feedback From Previous Participants

- “Great materials & engaging speakers”
- “I would recommend this to anyone in our field”
- “Single-handedly the best professional development workshop I have ever been to!! I have so many amazing ideas to implement”
- “Helpful information I can’t wait to share with my team & use with my students”
- “Love the lesson plans & great hands on activities”



# RUSH NEUROBEHAVIORAL CENTER

## Workshop Agenda

- 8:15-8:45 AM **Registration & Continental Breakfast**
- 8:45-12:00 PM **Morning Session**  
Introduction to Executive Functions, presenting both the neurological framework perspective and an overview of the RNBC EF Program. Focus on the foundational components of the curriculum, classroom structure, management of materials and time.
- 12:00-12:45 PM **Lunch (provided)**
- 12:45-3:45 PM **Afternoon Session**  
Focus on the study strategies unit: following directions, memory, note-taking and test preparation. Explore personal growth units: learning strengths, goal setting, and decision-making.

For presenter biographies, please visit our website at <http://www.rnbc.org>

*January 18, 2019* Workshop Sign-Up

Friday, ~~December 7, 2018~~ - Trinity International University, 2065 Half Day Road, Deerfield, IL

*Space is limited - Registration ends 10 days before workshop date -  
You will receive a confirmation 1 week before workshop at the email address you provide.*

### Participant information (please print clearly):

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

School \_\_\_\_\_

Grade Level Notebook (Circle only one): 3-5 6-8 or 9-12

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Email \_\_\_\_\_

### Payment Information (enclose check made payable to Rush NeuroBehavioral Center or fill out information below):

Note: Non-refundable program fee is \$295.00, which includes breakfast, lunch, and one EF Curriculum Notebook.

Name (on credit card) \_\_\_\_\_

VISA or MC # \_\_\_\_\_ Expiration Month \_\_\_\_\_ Year \_\_\_\_\_

Signature \_\_\_\_\_

**Return this form** by mail to: 4711 Golf Road, Suite 1100, Skokie, IL 60076; or fax to 847-933-0874. For more information, visit our website at <http://www.rnbc.org>, call 847-763-7933, or email [egonley@rush.edu](mailto:egonley@rush.edu) - Please add this email address to your address book to ensure receipt of future communications.

