

presents

Executive Functions Teacher Workshop

for Educators in Elementary, Middle and High Schools



Multiple Dates & Locations

(See sign-up for selections)

Space is Limited



Workshop Objectives

This workshop features an activity-based approach to:

- Increase awareness of neurological framework for Executive Functions (EF)
- Acquire knowledge about the RNBC EF Curriculum *included in workshop fee* (Retails for \$335.00)
- Develop everyday teaching practices utilizing EF skills in the classroom

Workshop Agenda

Morning Schedule

Registration 8:15-8:45 AM Morning Session 8:45-12:00 PM

Introduction to Executive Functions, presenting both the neurological framework perspective and an overview of the RNBC EF Program.

Focus on the foundational components of the curriculum, classroom structure, management of materials and time.

Afternoon Schedule

 Lunch
 12:00-12:45 PM

 Afternoon Session
 12:45- 3:45 PM

Focus on the study strategies unit: following directions, memory, note-taking and test preparation.

Explore personal growth units: learning strengths, goal setting, and decision-making.

Workshop Benefits

A few of the many benefits of this professional development opportunity are:

- The EF School Curriculum is compatible with RtI provisions, Tiers 1 and 2;
- Students who performed well in the EF Curriculum have a higher rate of homework completion and earned higher grades;
- Students who demonstrated greater adherence to the EF Curriculum throughout the school year performed significantly better on reading achievement tests.

Workshop Staff

Georgia Bozeday, Ed.D.,

Director of Educational Services

Dr. Bozeday supervises all areas of the Educational Services Department and earned her B.S. from Northwestern University and her Ed.D. from National-Louis University.



Terese Burk, MA, Educational Specialist.

Ms. Burk received her Master of Arts degree in Curriculum Development from De Paul University. As an educator in the Chicagoland area for over 16 years, her professional experience includes teaching at the Middle School, High School and Post-Secondary level.



Michael Smith, B.S., Educational Specialist

Mr. Smith created and maintained the Theatre Arts Program and Curriculum at North Lawndale College Prep Charter School and earned his B.S. from Skidmore College.



The Educational Specialists at RNBC manage our school-based partnerships. In the school setting, they work to incorporate RNBC's Executive Functions Curriculum into the school curriculum, supporting teachers by providing lessons in their classrooms.

As Executive Function tutors, they help students to incorporate skills that are necessary for success in their school work and beyond.

CPDU Credit

CPDU credit will be provided by Oakton Community College as an approved Professional Development Provider through the Illinois State Board of Education. Provider No. 10186. (6CPDUs)

Social Workers: 6 clock hours. Oakton Community College/Alliance for Lifelong Learning/Continuing Education for Health Professionals has been approved as a sponsor of continuing education for licensed social workers by the State of Illinois, Department of Financial and Professional Regulation Sponsor license number 159-000167.

What are Executive **Function Skills?**

Executive Functions are cognitive processes that allow people to plan, organize, make decisions, pay attention, and regulate behavior.

All of us use Executive Function skills to solve problems and evaluate the decisions we make. Executive Function skills are often acquired as part of natural social and mental development through home and school interactions. However, these skills are underdeveloped in many children and there is a need for more formal and organized instruction.

This program can help make teachers and school administrators more aware of the issues that some of their children face and give them the tools they need to make a difference, so that students can focus on important tasks, make better decisions, and be more successful and confident in their schoolwork, which can very often lead to greater success at home and in peer relationships as well. Development of the skills listed below are essential for success in school and later life.

Organizational Skills

Planning

Adaptability

- Time Management
- Motivation
- Self-Monitoring
- Attention Maintenance Problem Solving

Higher-Order Learning Skills

- Goal Setting
- Sequencing
- Abstract Thinking
- · Reasoning
- Decision Making

Feedback from workshop participants...

- Great materials & engaging speakers
- I would recommend this to anyone in our field
- Single-handedly the best professional development workshop I have ever been to!! I have so many amazing ideas to implement.
- Helpful information I can't wait to share with my team & use with my students
- Love the lesson plans & great hands on activities

Rush NeuroBehavioral Center Background

Founded in 1997, part of Rush University Medical Center, Rush Neurobehavioral Center brings together professionals from multiple disciplines, including research, clinical services, and education, to understand, assess, and treat children with social, emotional and other neurobehavioral learning issues.

RNBC empowers children, teens, and young adults with social, emotional and learning challenges to build on their strengths and thrive in life and relationships. We live our mission through exceptional service, clinical and educational innovation, and ground-breaking research.



Who Should Attend This Workshop?

Classroom and subject-area teachers of grade levels 3-12, special education teachers, school psychologists and social workers, school principals, and other interested administrators.



Building on the strengths of children, teens, and young adults

Workshop Sign-Up

☐ Frida	y, November 15,	2013 @ Wyndham S	Suites ir	n Glenview	
☐ Frida	y, December 06,	2013 @ Trinity Inter	rnationa	al University in Deerfield	
☐ Sprin	g Dates TBD visi	it <u>www.rnbc.org</u> for	updates	S	
Participant inforn	nation (please prin	t clearly):			
First Name		Last Nam	ne		
School					
Grade Level Noteb	ook: Circle only o	ne 3-5 6-8 9-12			
Address					
City		State _		_ Zip	
Daytime Phone					
E-IIIaii					
	rmation: Program to tions Curriculum		cludes bi	reakfast, lunch and one	
Registration e	nds 2 weeks prior	to each workshop			
☐ Check (Mal	ke check payable to	Rush NeuroBehavioral	l Center :	and enclose with this form)	
□VISA	☐ MasterCard	☐ American Expres	SS		
Name (as it ap	pears on credit care	d)			
Credit Card N	umber				
Greate Sura 1					
Expiration Dat	te: Month	Year			
-					
Signature					

Return this form by mail to: 4711 W. Golf Rd., Suite 1100, Skokie, IL 60076; or fax to 847-933-0874. For more information, phone: 847-763-7933, email cgonley@rush.edu or visit our web site: www.rnbc.org

