




# Executive Function Family Workshop

WITH SEPARATE SESSIONS FOR STUDENTS AND CARETAKERS



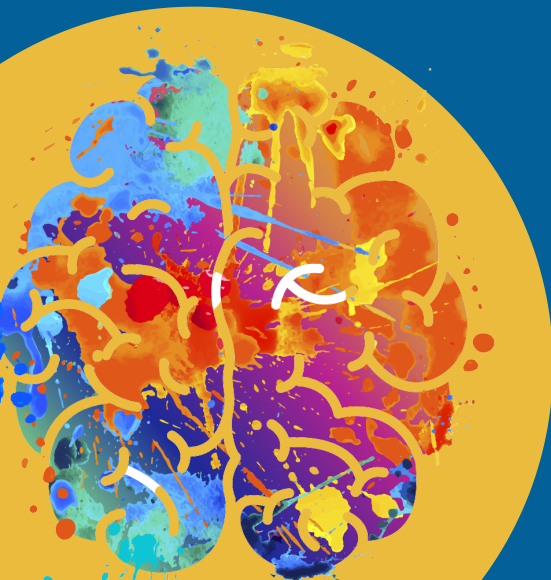
A workshop for students  
in grades 6th - 12th  
and their parents and caregivers  
\$500, non-refundable,  
includes a digital student guide




[Register  
Here](#)

Student Workshop:  
Feb. 28th, March 1st, and 2nd, 2022  
4:00pm - 5:30pm (CST)

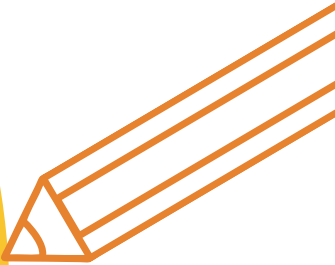
Parent Session: March 3rd, 2022  
4:00pm - 5:30pm






The EF Family Workshop will give Middle and High School students the skills they need to succeed in school and provide parents with specific strategies to help their children build better executive function skills!

This workshop, led by experienced RNBC EF Coaches, includes three 90-minute virtual sessions for students focusing on **Organization, Time Management, Goal Setting, and Study Strategies**, all essential skills for school success.



Following the 3-day student sessions parents, and caregivers will participate in a 90-minute virtual session with neuroscience-based insight into the "Teen Brain" and specific strategies to help their children develop strong executive function skills.



For more information email Cate Gonely - [cathleen\\_gonley@rush.edu](mailto:cathleen_gonley@rush.edu) or visit [rNBC.com/education](http://rNBC.com/education)