

Virtual Executive Functions Family Workshop

with separate sessions for students and caretakers

The EF Family Workshop will give Middle and High School students the skills they need to succeed in school and provide parents with specific strategies to help their children build better executive function skills!

September 18th-21st, 2023
4:00-5:30pm (CST)

November 6th-9th, 2023
4:00-5:30pm (CST)

[Register Here](#)

The workshop is for Middle and High School students and their caregivers. The \$500, non-refundable fee includes a digital copy of the Executive Functions Student Guidebook.



Virtual Executive Functions

Family Workshop

with separate sessions for students and caretakers

The EF Family Workshop will give Middle and High School students the skills they need to succeed in school and provide parents with specific strategies to help their children build better executive function skills!

This workshop, led by experienced RNBC EF Coaches, includes three 90-minute virtual sessions for students focusing on **Organization, Time Management, Goal Setting, and Study Strategies**, all essential skills for school success.

Following the 3-day student sessions, parents and caregivers will participate in a 90-minute virtual session featuring educational neuroscience-based information about the "Teen Brain" and specific strategies that develop strong executive function skills for children and teens.

www.rnbc.org/education

